



Travelers' Health

Spain



Travel Health Notices

There are no notices currently in effect for Spain.

Vaccines and Medicines

Check the vaccines and medicines list and visit your doctor at least a month before your trip to get vaccines or medicines you may need. If you or your doctor need help finding a location that provides certain vaccines or medicines, visit the [Find a Clinic](#) page.

Vaccines for disease	Recommendations	Clinical Guidance for Healthcare providers
Routine vaccines	<p>Make sure you are up-to-date on all routine vaccines before every trip. Some of these vaccines include</p> <ul style="list-style-type: none"> Chickenpox (Varicella) Diphtheria-Tetanus-Pertussis Flu (influenza) Measles-Mumps-Rubella (MMR) Polio Shingles 	Immunization schedules
COVID-19	All eligible travelers should be up to date with their COVID-19 vaccines. Please see Your COVID-19 Vaccination for more information.	COVID-19 vaccine
Hepatitis A	Consider hepatitis A vaccination for most travelers. It is recommended for travelers who will be doing higher risk activities, such as visiting smaller cities, villages, or rural areas where a traveler might get infected through food or water. It is recommended for travelers who plan on eating street food.	Hepatitis A - CDC Yellow Book Dosing info - Hep A

Vaccines for disease	Recommendations	Clinical Guidance for Healthcare providers
Hepatitis B	Recommended for unvaccinated travelers younger than 60 years old traveling to Spain. Unvaccinated travelers 60 years and older may get vaccinated before traveling to Spain.	Hepatitis B - CDC Yellow Book Dosing info - Hep B
Measles	Infants 6 to 11 months old traveling internationally should get 1 dose of measles-mumps-rubella (MMR) vaccine before travel. This dose does not count as part of the routine childhood vaccination series.	Measles (Rubeola) - CDC Yellow Book
Rabies	Spain is free of dog rabies. However, rabies may still be present in wildlife species, particularly bats. CDC recommends rabies vaccination before travel only for people working directly with wildlife. These people may include veterinarians, animal handlers, field biologists, or laboratory workers working with specimens from mammalian species.	Rabies - CDC Yellow Book

Non-Vaccine-Preventable Diseases

Disease Name	Common ways the disease spreads	Advice	Clinical Guidance for Healthcare Providers
Avoid contaminated water			
Leptospirosis	<ul style="list-style-type: none"> Touching urine or other body fluids from an animal infected with leptospirosis Swimming or wading in urine-contaminated fresh water, or contact with urine-contaminated mud Drinking water or eating food contaminated with animal urine 	<ul style="list-style-type: none"> Avoid contaminated water and soil 	Leptospirosis
Avoid bug bites			
Leishmaniasis	<ul style="list-style-type: none"> Sand fly bite 	<ul style="list-style-type: none"> Avoid Bug Bites 	Leishmaniasis
Airborne & droplet			
Hantavirus	<ul style="list-style-type: none"> Breathing in air or accidentally eating food contaminated with the urine, droppings, or saliva of infected rodents Bite from an infected rodent Less commonly, being around someone sick with hantavirus (only occurs with Andes virus) 	<ul style="list-style-type: none"> Avoid rodents and areas where they live Avoid sick people 	Hantavirus
Tuberculosis (TB)	<ul style="list-style-type: none"> Breathe in TB bacteria that is in the air from an infected and contagious person coughing, speaking, or singing. 	<ul style="list-style-type: none"> Avoid sick people 	Tuberculosis (TB)

Stay Healthy and Safe

Learn actions you can take to stay healthy and safe on your trip. Vaccines cannot protect you from many diseases in Spain, so your behaviors are important.

Eat and drink safely

Prevent bug bites

Stay safe outdoors

Keep away from animals

Reduce your exposure to germs

Avoid sharing body fluids

Know how to get medical care while traveling

Select safe transportation

Maintain personal security

Healthy Travel Packing List

Use the [Healthy Travel Packing List for Spain](#) for a list of health-related items to consider packing for your trip. Talk to your doctor about which items are most important for you.

Why does CDC recommend packing these health-related items?

It's best to be prepared to prevent and treat common illnesses and injuries. Some supplies and medicines may be difficult to find at your destination, may have different names, or may have different ingredients than what you normally use.

After Your Trip

If you are not feeling well after your trip, you may need to see a doctor. If you need help finding a travel medicine specialist, see [Find a Clinic](#). Be sure to tell your doctor about your travel, including where you went and what you did on your trip. Also tell your doctor if you were bitten or scratched by an animal while traveling.

For more information on what to do if you are sick after your trip, see [Getting Sick after Travel](#).

Map Disclaimer - The boundaries and names shown and the designations used on maps do not imply the expression of any opinion whatsoever on the part of the Centers for Disease Control and Prevention concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Approximate border lines for which there may not yet be full agreement are generally marked.

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Content source: [National Center for Emerging and Zoonotic Infectious Diseases \(NCEZID\)](#)

[Division of Global Migration Health \(DGMH\)](#)