



# Travelers' Health

# Dominican Republic



### **Travel Health Notices**

There are no notices currently in effect for Dominican Republic.

### **Vaccines and Medicines**

Check the vaccines and medicines list and visit your doctor at least a month before your trip to get vaccines or medicines you may need. If you or your doctor need help finding a location that provides certain vaccines or medicines, visit the Find a Clinic page.

Vaccines for disease	Recommendations	Clinical Guidance for Healthcare providers
Routine vaccines	Make sure you are up-to-date on all routine vaccines before every trip.  Some of these vaccines include  Chickenpox (Varicella)  Diphtheria-Tetanus-Pertussis  Flu (influenza)  Measles-Mumps-Rubella (MMR)  Polio	Immunization schedules
COVID-19	<ul> <li>Shingles</li> <li>All eligible travelers should be up to date with their COVID-19 vaccines.</li> <li>Please see Your COVID-19 Vaccination for more information.</li> </ul>	COVID-19 vaccine

Vaccines for disease	Recommendations	Clinical Guidance for Healthcare providers
Cholera	Areas of active cholera transmission are localized to the provinces and district of Barahona (last case reported 3–6 months ago), Distrito National (last case reported 6–9 months ago), Elías Piña (last case reported 6–9 months ago), Monte Cristi (last case reported 6–9 months ago), and Santo Domingo (last case reported 6–9 months ago) in the Dominican Republic. Cholera is rare in travelers. Certain factors may increase the risk of getting cholera or having severe disease (more information). Avoiding unsafe food and water and washing your hands can also help prevent cholera.	
	Vaccination may be considered for children and adults who are traveling to areas of active cholera transmission.	
Hepatitis A	Recommended for unvaccinated travelers one year old or older going to the Dominican Republic.	Hepatitis A - CDC Yellow Book
	Infants 6 to 11 months old should also be vaccinated against Hepatitis A. The dose does not count toward the routine 2-dose series.	Dosing info - Hep A
	Travelers allergic to a vaccine component or who are younger than 6 months should receive a single dose of immune globulin, which provides effective protection for up to 2 months depending on dosage given.	
	Unvaccinated travelers who are over 40 years old, immunocompromised, or have chronic medical conditions planning to depart to a risk area in less than 2 weeks should get the initial dose of vaccine and at the same appointment receive immune globulin.	
Hepatitis B	Recommended for unvaccinated travelers younger than 60 years old traveling to the Dominican Republic. Unvaccinated travelers 60 years and older may get vaccinated before traveling to the Dominican Republic.	Hepatitis B - CDC Yellow Book  Dosing info - Hep B
Malaria	CDC recommends that travelers going to certain areas of the Dominican Republic take prescription medicine to prevent malaria. Depending on the medicine you take, you will need to start taking this medicine multiple days before your trip, as well as during and after your trip. Talk to your doctor about which malaria medication you should take.	Malaria - CDC Yellow Book  Considerations when choosing a drug for malaria prophylaxis (CDC Yellow Book)
	Find country-specific information about malaria.	Malaria information for the Dominican Republic.
Measles	Infants 6 to 11 months old traveling internationally should get 1 dose of measles-mumps-rubella (MMR) vaccine before travel. This dose does not count as part of the routine childhood vaccination series.	Measles (Rubeola) - CDC Yellow Book
Rabies	Rabid dogs are commonly found in the Dominican Republic. If you are bitten or scratched by a dog or other mammal while in the Dominican Republic, there may be limited or no rabies treatment available.	Rabies - CDC Yellow Book
	Consider rabies vaccination before your trip if your activities mean you will be around dogs or wildlife.	
	Travelers more likely to encounter rabid animals include	
	Campers, adventure travelers, or cave explorers (spelunkers)	
	<ul> <li>Veterinarians, animal handlers, field biologists, or laboratory workers handling animal specimens</li> </ul>	
	Visitors to rural areas	
	Since children are more likely to be bitten or scratched by a dog or other animals, consider rabies vaccination for children traveling to the Dominican Republic.	
Typhoid	Recommended for most travelers, especially those staying with friends or relatives or visiting smaller cities or rural areas.	Typhoid - CDC Yellow Book  Dosing info - Typhoid
Yellow Fever	Required for travelers ≥1 year old arriving from the following states in Brazil: Espírito Santo, Mina Gerais, Rio de Janeiro, São Paulo; this includes >12-hour airport transits or layovers in any of these states	Yellow Fever - CDC Yellow Book

Clinical Guidance for

### Non-Vaccine-Preventable Diseases

Disease Name	Common ways the disease spreads	Advice	Healthcare Providers
Avoid contan	ninated water		
Leptospirosis	<ul> <li>Touching urine or other body fluids from an animal infected with leptospirosis</li> </ul>	<ul> <li>Avoid contaminated water and soil</li> </ul>	Leptospirosis
	<ul> <li>Swimming or wading in urine-contaminated fresh water, or contact with urine-contaminated mud</li> </ul>		
	Drinking water or eating food contaminated with animal		

#### Avoid bug bites

Dengue	Mosquito bite	Avoid Bug Bites	Dengue
Leishmaniasis	Sand fly bite	Avoid Bug Bites	Leishmaniasis
Zika	<ul><li>Mosquito bite</li><li>An infected pregnant woman spread it to her unborn baby</li></ul>	Avoid Bug Bites	Zika

#### Airborne & droplet

Hantavirus	<ul> <li>Breathing in air or accidentally eating food contaminated with the urine, droppings, or saliva of infected rodents</li> </ul>	<ul> <li>Avoid rodents and areas where they live</li> </ul>	Hantavirus
	Bite from an infected rodent	<ul> <li>Avoid sick people</li> </ul>	
	<ul> <li>Less commonly, being around someone sick with hantavirus (only occurs with Andes virus)</li> </ul>		
Tuberculosis (TB)	<ul> <li>Breathe in TB bacteria that is in the air from an infected and contagious person coughing, speaking, or singing.</li> </ul>	<ul> <li>Avoid sick people</li> </ul>	Tuberculosis (TB)

# Stay Healthy and Safe

Learn actions you can take to stay healthy and safe on your trip. Vaccines cannot protect you from many diseases in the Dominican Republic, so your behaviors are important.

Eat and drink safely

Prevent bug bites

Stay safe outdoors

Keep away from animals

Reduce your exposure to germs

#### Avoid sharing body fluids

### Know how to get medical care while traveling

## Select safe transportation

### Maintain personal security

### **Healthy Travel Packing List**

Use the Healthy Travel Packing List for Dominican Republic for a list of health-related items to consider packing for your trip. Talk to your doctor about which items are most important for you.

#### Why does CDC recommend packing these health-related items?

It's best to be prepared to prevent and treat common illnesses and injuries. Some supplies and medicines may be difficult to find at your destination, may have different names, or may have different ingredients than what you normally use.

### After Your Trip

If you are not feeling well after your trip, you may need to see a doctor. If you need help finding a travel medicine specialist, see Find a Clinic. Be sure to tell your doctor about your travel, including where you went and what you did on your trip. Also tell your doctor if you were bitten or scratched by an animal while traveling.

If your doctor prescribed antimalarial medicine for your trip, keep taking the rest of your pills after you return home. If you stop taking your medicine too soon, you could still get sick.

Malaria is always a serious disease and may be a deadly illness. If you become ill with a fever either while traveling in a malaria-risk area or after you return home (for up to 1 year), you should seek immediate medical attention and should tell the doctor about your travel history.

For more information on what to do if you are sick after your trip, see Getting Sick after Travel.

Map Disclaimer - The boundaries and names shown and the designations used on maps do not imply the expression of any opinion whatsoever on the part of the Centers for Disease Control and Prevention concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Approximate border lines for which there may not yet be full agreement are generally marked.

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