



COVID-19

Domestic Travel During COVID-19

Information for People Traveling within the United States and U.S. Territories

Updated Nov. 12, 2021

What You Need to Know

- **Delay travel until you are fully vaccinated.**
- Check your destination's COVID-19 situation before traveling. State, local, and territorial governments may have travel restrictions in place.
- Wearing a mask over your nose and mouth is required in indoor areas of public transportation (including airplanes) and indoors in U.S. transportation hubs (including airports).
- Do not travel if you have been exposed to COVID-19, you are sick, or if you test positive for COVID-19.
- If you are not fully vaccinated and must travel, get tested both before and after your trip.

Delay travel until you are fully vaccinated. If you are not fully vaccinated there are additional recommendations to follow [before](#), [during](#), and [after](#) travel.

Before You Travel

Make sure to plan ahead:

- Check the current [COVID-19 situation at your destination](#).
- Make sure you understand and follow all state, local, and territorial travel restrictions, including mask wearing, proof of vaccination, testing, or quarantine requirements.
 - For up-to-date information and travel guidance, check the [state or territorial and local](#) health department's website where you are, along your route, and where you are going.
- If traveling by air, check if your airline requires any testing, vaccination, or other documents.
- Prepare to be flexible during your trip as restrictions and policies may change during your travel.



Testing

RECOMMENDED

If you are NOT fully vaccinated, get tested with a [viral test](#) 1-3 days before your trip.

- [Check COVID-19 testing locations near you](#) 

Do NOT travel if...

- You have been exposed to COVID-19 unless you are fully vaccinated or recovered from COVID-19 in the past 90 days.
- You are sick.
- You tested positive for COVID-19 and haven't ended isolation (even if you are fully vaccinated).
- You are waiting for results of a COVID-19 test. If your test comes back positive while you are at your destination, you will need to isolate and postpone your return until it's safe for you to end isolation. Your travel companions may need to self-quarantine.

During Travel



Masks

REQUIRED

[Wearing a mask over your nose and mouth is required](#) on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and while indoors at U.S. transportation hubs such as airports and train stations. Travelers are not required to wear a mask in outdoor areas of a conveyance (like on open deck areas of a ferry or the uncovered top deck of a bus).



Protect Yourself and Others

RECOMMENDED

- Follow [all state and local health recommendations and requirements](#) at your destination, including wearing a mask and staying 6 feet (2 meters) apart from others.
- Travelers 2 years of age or older should wear [masks](#) in indoor public places if they are:
 - not [fully vaccinated](#)
 - fully vaccinated and in an [area with substantial or high COVID-19 transmission](#)
 - fully vaccinated and with weakened immune systems
- If you are not fully vaccinated and aged 2 or older, you should wear a mask in indoor public places.
- In general, you do not need to wear a mask in outdoor settings.
 - In areas with [high numbers of COVID-19 cases](#), consider wearing a mask in crowded outdoor settings and for activities with close contact with others who are not fully vaccinated.
- Wash your hands often or use hand sanitizer (with at least 60% alcohol).

After Travel

You might have been exposed to COVID-19 on your travels. You might feel well and not have any symptoms, but you can still be infected and spread the virus to others. People who are not fully vaccinated are more likely to get COVID-19 and spread it to others. For this reason, CDC recommends taking the following precautions after returning from travel.



ALL Travelers

RECOMMENDED

- Self-monitor for COVID-19 symptoms; isolate and get [tested](#) [↗](#) if you develop symptoms.
- Follow all [state and local](#) recommendations or requirements after travel.

If you are NOT fully vaccinated



RECOMMENDED

Self-quarantine and get tested after travel:

- Get tested with a [viral test](#) 3-5 days after returning from travel.
 - Check for [COVID-19 testing locations near you](#) [↗](#) .
- Stay home and self-quarantine for a full **7 days** after travel, even **if you test negative** at 3-5 days.
- **If you don't get tested**, stay home and self-quarantine for **10 days** after travel.

If Your Test is Positive

- [Isolate](#) yourself to protect others from getting infected. Learn [what to do](#) and [when it is safe to be around others](#).

If You Recently Recovered from COVID-19

You do NOT need to get tested or self-quarantine if you recovered from COVID-19 in the past 90 days. You should still follow all other travel recommendations. If you develop [COVID-19 symptoms](#) after travel, [isolate](#) and consult with a healthcare provider for testing recommendations.

More Information

[Frequently Asked Questions about Travel and COVID-19](#)

[Protect Yourself and Loved Ones When Gathering with Friends and Family](#)

[International Travel](#)