



Deerfield Athletics

## Koch Pool: Lap Swim

Tuesday's and Thursday's 7:30am – 10:00am

Sunday's 10:30am – 12:30pm

### **COVID Protocol**

- Enter through the Main door already changed.
- Keep masks on until in the water.
- Place personal items on the metal bleachers, at least six feet from others.
- Rinse off using either the locker room showers or the shower by the diving well.
- Odd lanes enter from the shallow end.
- Even lanes enter from the deep end.
- Up to three patrons per lane (only if in the same cohort).
- As soon as you exit the water, dry your face and don your mask.
- Put your clothes back on over your suit and exit through the East Exit Door (by the timing table).

The bathrooms inside the locker rooms are available to use. The showers are only available to those rinsing off before getting in the water, not after. The hydration station is available for water bottle filling only.

If you have any immediate questions, please ask the lifeguard on duty. Otherwise, email Jason Cook at [JCook@deerfield.edu](mailto:JCook@deerfield.edu).