Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Monday, May 21, 2018
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
60	% of Goal :					
FRUT/YOG BAR	6.530 oz Pc	5.2	2.6	22	127	0.7
150	% of Goal :					
FRIED EGGS	2 EGGS	10.9	18.4	1.1	215	0
120	% of Goal :					
HOME FRIES	3.180 oz Pc	1.6	0.1	16.5	71	1.6
200	% of Goal :					
DEERFIELD MUFF	1 SANDWIC	9.2	9.6	0.8	128	0
120	% of Goal :					
OATMEAL	6 OZ LADLE	4	1.6	16.6	95	2.6
60	% of Goal :					
STICKY RICE	3.730 oz Pc	2.4	0.3	26.1	121	0.4
50	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
90	% of Goal :					
BAGEL SET UP	1.600 oz Pc	2.5	16.6	5.7	178	0.1
90	% of Goal :					
ASRTD CEREAL	4.68 oz	2.8	0.5	4.1	33	0
90	% of Goal :					
ZZ'S GRANOLA B/	2 OZ BAR	3.5	11.3	28.1	219	2.8
50	% of Goal :					
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
80	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Monday, May 21, 2018
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
30	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Monday, May 21, 2018
Meal Period : LUNCH
Customer Count : 950

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	4.8	5	13.9	116	1.7
600	% of Goal :					
TURKEY POT PIE	9.430 oz Po	23.3	14.8	24.5	327	2.8
900	% of Goal :					
VEGGIE POT PIE	1 CASSER(	15	45.5	79.1	774	9.8
120	% of Goal :					
COUSCOUS PILA	4.020 OZ	1.8	3.6	11	83	0.9
300	% of Goal :					
JLD CRBRRY S	1/4 CUP	0.1	0.1	26.9	104	0.7
200	% of Goal :					
CC CHOCCOOKS	2 COOKIES	2	7.6	21.3	157	0.7
630	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Monday, May 21, 2018
Meal Period : DINNER
Customer Count : 550

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	4.8	5	13.9	116	1.7
200	% of Goal :					
ZITI	4.080 oz Po	5.5	1.4	32.5	168	1.5
100	% of Goal :					
TOMATO SAUCE :	6.290 oz Po	2.5	2.6	14.1	83	2.6
100	% of Goal :					
CHICKEN FOR RI	1 FAJITA	35.9	8.3	0.5	230	0
440	% of Goal :					
BEEF FOR RICE E	1 FAJITA	24.8	10.5	0	200	0
420	% of Goal :					
Marinated Roast	5.33 OZ	21.2	42.7	8.7	479	3.1
100	% of Goal :					
STICKY RICE	3.730 oz Po	2.4	0.3	26.1	121	0.4
800	% of Goal :					
QUINOA	2/3 CUP	8.7	3.8	45.6	247	3.9
70	% of Goal :					
FUSION RICE BO'	16OZ	16.2	31	28.9	434	7.6
300	% of Goal :					
SAUTEED KALE	Serving	2.6	1.4	8.1	47	1.6
375	% of Goal :					
CH CK/VAN IC	1 PIECE	3	17.9	36.8	313	1.1
200	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Tuesday, May 22, 2018
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
60	% of Goal :					
FRUT/YOG BAR	6.530 oz Pc	5.2	2.6	22	127	0.7
150	% of Goal :					
PANCAKE CHOC	2 PANCAKE	7.7	9.7	77.7	411	2.8
200	% of Goal :					
SCRMBLD EGGS	3.260 oz Pc	11	12.6	1.1	164	0
200	% of Goal :					
BREAKFAST BUR	8.580 oz Pc	21	18.6	53	468	3
100	% of Goal :					
OATMEAL	6 OZ LADLE	4	1.6	16.6	95	2.6
60	% of Goal :					
QUICK BREAD OF	1/15 LOAF	2.7	7.3	22.1	165	0.2
150	% of Goal :					
STICKY RICE	3.730 oz Pc	2.4	0.3	26.1	121	0.4
50	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
90	% of Goal :					
BAGEL SET UP	1.600 oz Pc	2.5	16.6	5.7	178	0.1
90	% of Goal :					
ASRTD CEREAL	4.68 oz	2.8	0.5	4.1	33	0
90	% of Goal :					
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
80	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Tuesday, May 22, 2018
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
30	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Tuesday, May 22, 2018
Meal Period : LUNCH
Customer Count : 770

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	4.8	5	13.9	116	1.7
600	% of Goal :					
MACARONI AND (	7OZ	18.2	19.9	35.7	392	2.1
1250	% of Goal :					
VEGAN MACARO	4 OZ	3.3	6.8	19.5	153	0.9
100	% of Goal :					
STEWED TOMAT	MONKEY D	0.7	0.7	3.4	20	0.8
600	% of Goal :					
PEAS	2 oz Portion	2.9	0.2	8.1	44	3.1
600	% of Goal :					
PUMPKIN CHOCC	2 COOKIES	1.8	6.8	22.7	157	0.5
630	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Tuesday, May 22, 2018
Meal Period : DINNER
Customer Count : 750

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram 0.0	FAT Gram 0.0	CHO Gram 0.0	KCAL KCAL 0	TDFB Gram
SALAD BAR	3.510 oz Po	4.8	5	13.9	116	1.7
200	% of Goal :					
MEXICAN CHICKE	8.410 oz Po	25.2	22.2	25.3	398	5
700	% of Goal :					
MEXICAN VEGGIE	8.410 oz Po	7.4	4	37.1	203	7.3
20	% of Goal :					
RICE YELLOW	PORTION	2.1	0.2	22.1	102	0.4
850	% of Goal :					
SALSA PICANT	2 OZ LADLE	0.5	0.5	2.8	14	
200	% of Goal :					
GUACAMOLE (Ch	2 OZ LADLE	1.1	6.7	4.2	74	2.3
500	% of Goal :					
SOUR CREAM	1 OUNCE	0.9	5.9	1.2	61	0
300	% of Goal :					
TORTILL CHPS	1 OUNCE	2	7.4	17.8	142	1.8
500	% of Goal :					
CH CK/MARSHM	1 SLICE	3.1	10.8	43.9	277	1.1
800	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Wednesday, May 23, 2018
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
60	% of Goal :					
FRUT/YOG BAR	6.530 oz Pc	5.2	2.6	22	127	0.7
150	% of Goal :					
SCRMBLD EGGS	3.260 oz Pc	11	12.6	1.1	164	0
200	% of Goal :					
EGGS BENEDIC	2 EGGS	18	42.1	1.6	457	0
100	% of Goal :					
baby cakes	3.410 oz po	3.1	11.1	27.2	211	1.9
250	% of Goal :					
PASTRY OF THE I	1 MUFFIN	2.6	6	18.5	138	0.3
150	% of Goal :					
OATMEAL	6 OZ LADLE	4	1.6	16.6	95	2.6
60	% of Goal :					
STICKY RICE	3.730 oz Pc	2.4	0.3	26.1	121	0.4
50	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
90	% of Goal :					
BAGEL SET UP	1.600 oz Pc	2.5	16.6	5.7	178	0.1
90	% of Goal :					
ASRTD CEREAL	4.68 oz	2.8	0.5	4.1	33	0
90	% of Goal :					
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
80	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Wednesday, May 23, 2018
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
30	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Wednesday, May 23, 2018
Meal Period : LUNCH
Customer Count : 850

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
ISRAELI COUSCC	1/2 CUP	0.8	10.7	5.1	118	0.7
400	% of Goal :					
TOMATO CUCUMI	4 OZ	0.8	11.9	4.1	122	1
600	% of Goal :					
HAMBURGS N/R	4oz portion	23	16.1	0	243	0
1100	% of Goal :					
VEGBURGR NR	1 PATTY	11.3	4.3	32.5	212	
250	% of Goal :					
L/TOM/ON W/T	2 TOM/LET,	0.6	0.2	2.6	13	0.7
300	% of Goal :					
AMERICAN	1 SLICE	3.7	5.2	0.3	63	0
600	% of Goal :					
MAYO/MUSTARD	.760 oz Por	0.6	2.6	2.3	34	0
250	% of Goal :					
KETCHUP	1/4 CUP	0.7	0.2	12.5	48	0.6
300	% of Goal :					
POTATO CHIPS	1 OUNCE	2	9.8	15	152	1.3
500	% of Goal :					
SAND RL SOFT	1 ROLL	5.2	4.5	31.7	190	1.1
648	% of Goal :					
SAND R WHEAT	1 ROLL	6	2.2	35.1	181	3.1
216	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Wednesday, May 23, 2018
Meal Period : LUNCH
Customer Count : 850

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
WATERMELON	3.470 oz Po	0.4	0.3	4.7	21	0.3
1200	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Wednesday, May 23, 2018
Meal Period : DINNER
Customer Count : 550

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
COLE SLAW 2016	3 oz Portion	1.1	21.3	4.3	207	1.4
200	% of Goal :					
POTATO SALAD 2	2.800 oz Po	2.5	15.9	14.1	206	1.4
300	% of Goal :					
BBQ CHICKEN 1/8	1/8's	62.6	22.9	3.9	489	12.3
550	% of Goal :					
BBQ BABYBACK I	2-3 BONES	24.7	29.8	11.5	419	1.1
350	% of Goal :					
THREE SISTERS	5.660 oz Po	5.4	3.8	21.4	134	4.7
150	% of Goal :					
BAKED BEANS	1/2 CUP	4.8	0.9	25.5	116	5
400	% of Goal :					
CORN ON COB	1 EAR	4.7	1.8	35.9	154	4
350	% of Goal :					
CORNBREAD	1/70 CUT	3	5.3	26.8	166	0.9
600	% of Goal :					
WHIPPED BUTT	1/2 OUNCE	0.1	11.5	0	102	0
200	% of Goal :					
I.C.NOVELTY	1 PIECE					
600	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Thursday, May 24, 2018
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
60	% of Goal :					
FRUT/YOG BAR	6.530 oz Pc	5.2	2.6	22	127	0.7
150	% of Goal :					
WAFFLES	1/2 WAFFLI	2.1	8.5	38.8	231	0
250	% of Goal :					
HRD BLD EGGS	2 EGGS	10.9	8.7	1.1	130	0
120	% of Goal :					
BREAKFAST BUR	8.580 oz Pc	21	18.6	53	468	3
100	% of Goal :					
COFFEE CAKE OI	1 SQUARE	3.5	14.9	37.6	296	0.5
200	% of Goal :					
OATMEAL	6 OZ LADLI	4	1.6	16.6	95	2.6
60	% of Goal :					
STICKY RICE	3.730 oz Pc	2.4	0.3	26.1	121	0.4
50	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
90	% of Goal :					
BAGEL SET UP	1.600 oz Pc	2.5	16.6	5.7	178	0.1
90	% of Goal :					
ASRTD CEREAL	4.68 oz	2.8	0.5	4.1	33	0
90	% of Goal :					
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
80	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Thursday, May 24, 2018
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
30	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Thursday, May 24, 2018
Meal Period : LUNCH
Customer Count : 770

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram 0.0	FAT Gram 0.0	CHO Gram 0.0	KCAL KCAL 0	TDFB Gram
SALAD BAR	3.510 oz Po	4.8	5	13.9	116	1.7
600	% of Goal :					
RAVIOLI w/ PEST	7.360 oz Po	17.9	10.6	45	316	11.3
775	% of Goal :					
VEGAN BOLOGNI	10.990 oz P	12.5	7.6	63.8	356	8.7
100	% of Goal :					
CARROTS RECIP	2.77oz porti	0.9	0.1	8.2	35	2.6
550	% of Goal :					
WHEAT BAGUETT	1/10 LOAF	4.1	1.5	24.2	124	2.1
800	% of Goal :					
WHIPPED BUTT	1/2 OUNCE	0.1	11.5	0	102	0
200	% of Goal :					
M&M COOKIES	2 COOKIES	1.7	6.8	22.1	155	0.2
630	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Thursday, May 24, 2018
Meal Period : DINNER
Customer Count : 750

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	4.8	5	13.9	116	1.7
200	% of Goal :					
SHEPHERDS	11.220 oz P	23	18.7	35.4	398	2.6
1000	% of Goal :					
CHICKPEA CURR	11.480 oz P	8.8	4.3	41.9	236	7.7
200	% of Goal :					
BASMATI RICE	1/2 CUP	4	0.5	43.3	200	0.7
200	% of Goal :					
CALIFORNIA VEG	2.190 oz Po	1.7	0.1	7.8	35	2.6
700	% of Goal :					
KETCHUP	1/4 CUP	0.7	0.2	12.5	48	0.6
200	% of Goal :					
WHIPPED BUTT	1/2 OUNCE	0.1	11.5	0	102	0
200	% of Goal :					
BANANA BREAD	1/15 LOAF	3	7.4	27.6	187	0.8
960	% of Goal :					
STRAWBERRY RI	4 OZ PORT	2.6	10	45.3	274	1.7
850	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Friday, May 25, 2018
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
60	% of Goal :					
FRUT/YOG BAR	6.530 oz Po	5.2	2.6	22	127	0.7
150	% of Goal :					
SWEET SAUSAGE	1 OMELET	21.6	22.8	1.7	303	0
150	% of Goal :					
CHEESE OMLET	1 OMELET	18	18.2	1.4	245	0
100	% of Goal :					
DEERFIELD MUFF	1 SANDWIC	9.2	9.6	0.8	128	0
100	% of Goal :					
HASH BRN PAT	1 PATTY	1.4	5	12.2	95	0.9
200	% of Goal :					
MUFFIN OF THE D	1 MUFFIN	2.6	6	18.5	138	0.3
300	% of Goal :					
OATMEAL	6 OZ LADLE	4	1.6	16.6	95	2.6
60	% of Goal :					
STICKY RICE	3.730 oz Po	2.4	0.3	26.1	121	0.4
50	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
90	% of Goal :					
BAGEL SET UP	1.600 oz Po	2.5	16.6	5.7	178	0.1
90	% of Goal :					
ASRTD CEREAL	4.68 oz	2.8	0.5	4.1	33	0
90	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Friday, May 25, 2018
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
80	% of Goal :					
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
30	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Friday, May 25, 2018
Meal Period : LUNCH
Customer Count : 950

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	4.8	5	13.9	116	1.7
200	% of Goal :					
BUFFALO CHICKE	7.531 oz	23.3	30	21.3	448	0.6
1400	% of Goal :					
BUFFALO TEMPE	10.6 oz Por	20.2	14.6	59.8	442	3.6
100	% of Goal :					
POTATO CHIPS	1 OUNCE	2	9.8	15	152	1.3
600	% of Goal :					
LETTUCE/TOMAT	.730 oz Por	0.3	0.1	0.8	4	0.3
400	% of Goal :					
KETCHUP	1/4 CUP	0.7	0.2	12.5	48	0.6
225	% of Goal :					
SAND RL SOFT	1 ROLL	5.2	4.5	31.7	190	1.1
900	% of Goal :					
SUGAR COOKIES	2 COOKIES	2.3	7.6	29.4	194	0.4
630	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Friday, May 25, 2018
Meal Period : DINNER
Customer Count : 400

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	4.8	5	13.9	116	1.7
250	% of Goal :					
PASTA BAR	8.981 oz Po	8.4	6.5	29.4	204	3.3
200	% of Goal :					
LEMONGRASS CI	7 OZ	44.3	36.2	35.4	651	0.2
500	% of Goal :					
THAI CURRY TOF	6OZ	11.4	17.5	10.6	227	2.1
100	% of Goal :					
COCONUT JASMI	PORTION	0.5	5.4	0.7	50	0
700	% of Goal :					
EDAMAME	2 OZ	7.3	3.9	6.3	83	2.4
500	% of Goal :					
OREO PIE	3oz slice	2.9	17.2	32.3	291	1
200	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Saturday, May 26, 2018
Meal Period : BREAKFAST
Customer Count : 100

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
40	% of Goal :					
FRUT/YOG BAR	6.530 oz Pc	5.2	2.6	22	127	0.7
75	% of Goal :					
PLN PANCAKES	2 PANCAKE	5.1	6.7	51.6	276	1.8
150	% of Goal :					
SCRMBLD EGGS	3.260 oz Pc	11	12.6	1.1	164	0
100	% of Goal :					
OATMEAL	6 OZ LADLE	4	1.6	16.6	95	2.6
60	% of Goal :					
STICKY RICE	3.730 oz Pc	2.4	0.3	26.1	121	0.4
50	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
90	% of Goal :					
BAGEL SET UP	1.600 oz Pc	2.5	16.6	5.7	178	0.1
90	% of Goal :					
ASRTD CEREAL	4.68 oz	2.8	0.5	4.1	33	0
90	% of Goal :					
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
80	% of Goal :					
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
30	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Saturday, May 26, 2018
Meal Period : LUNCH
Customer Count : 500

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	4.8	5	13.9	116	1.7
250	% of Goal :					
TABBOULEH	4.400 oz Po	1.5	4.9	8.6	80	2.1
200	% of Goal :					
GREEK CHICKEN	4 oz	42.1	14.4	0.2	309	0.1
680	% of Goal :					
ORZO AND RICE I	PORTION	1.6	0.9	13.6	70	0.4
1200	% of Goal :					
GREEK SET UP	2 oz	1.7	3.9	2.3	48	0.5
400	% of Goal :					
LEMON TAHINI DI	2 oz	1.8	36.4	3.1	337	1
300	% of Goal :					
KING'S FALAFEL	4 OZ PORT	9.6	2.9	30.1	179	8.2
310	% of Goal :					
YOGURT DRESS	1.74 OZ	0.2	0	0.9	4	0.2
175	% of Goal :					
POCKET BREAD	1/2 POCKE	5.8	0.8	35.5	175	1.4
600	% of Goal :					
WHOLE WHEAT S	2 COOKIES	2.6	7.7	29.4	190	1.9
250	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Saturday, May 26, 2018
Meal Period : DINNER
Customer Count : 250

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram 0.0	FAT Gram 0.0	CHO Gram 0.0	KCAL KCAL 0	TDFB Gram
SALAD BAR	3.510 oz Po	4.8	5	13.9	116	1.7
150	% of Goal :					
CHICKEN BREAS	6.130 oz Po	41.9	7.1	4.5	260	0.2
300	% of Goal :					
POLENTA W/ MUS	4.830 oz Po	5.1	1.2	24.7	127	3
120	% of Goal :					
WILD R PILAF	PORTION	3.1	1.6	23.1	119	1.9
300	% of Goal :					
BROCCOLI FLO	2.190 oz Po	1.9	0.1	3.3	17	1.9
250	% of Goal :					
PARKER ROLLS	1 ROLL	2.4	2	14.4	86	0.5
250	% of Goal :					
WHIPPED BUTT	1/2 OUNCE	0.1	11.5	0	102	0
75	% of Goal :					
CH CK/VAN IC	1 PIECE	3	17.9	36.8	313	1.1
250	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Sunday, May 27, 2018
Meal Period : BREAKFAST
Customer Count : 150

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
SCRMBLD EGGS	3.260 oz Pc	11	12.6	1.1	164	0
120	% of Goal :					
HOME FRIES	3.180 oz Pc	1.6	0.1	16.5	71	1.6
120	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
80	% of Goal :					
BAGEL SET UP	1.600 oz Pc	2.5	16.6	5.7	178	0.1
80	% of Goal :					
ASRTD CEREAL	4.68 oz	2.8	0.5	4.1	33	0
80	% of Goal :					
DANISH	1 PIECE	2.2	8.6	24.6	189	0.5
75	% of Goal :					
DONUTS	1 DONUT	2	8.6	19.2	161	0.6
75	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
30	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Unit : DINING HALL-S
Service Date : Sunday, May 27, 2018
Meal Period : LUNCH
Customer Count : 2,402

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
SWEET POTATO S	3oz	1.7	0.2	18.7	81	2.6
600	% of Goal :					
CAPRESE PASTA	3 OZ	3.3	12.2	2.1	130	0
1000	% of Goal :					
BLACK BEAN AND	4.020 oz Po	5.2	14.5	20.5	220	5.7
900	% of Goal :					
FARRO SALAD W	5 oz	3.3	7.3	19.8	153	2
400	% of Goal :					
BROCCOLI SESAI	5 OZ	4.1	37.7	14.3	395	0.5
630	% of Goal :					
HOT AND SOUR N	8 oz	9	17.7	46.7	380	2.9
840	% of Goal :					
ROAST TURKEY B	3.130 oz Po	18.2	7	0	141	0
2500	% of Goal :					
G.TENDERLOIN	3.460 oz Po	23.5	20.3	1.7	289	0.7
1600	% of Goal :					
HAM TO CARVE	3.75oz	24	9.6	0	189	0
975	% of Goal :					
RUSTIC ROLL (SA	1 ROLL	6	2.2	34.9	179	3.4
800	% of Goal :					
SAND RL HARD	1 ROLL	5.7	1.8	34.1	179	1.2
800	% of Goal :					
COMMENCEMEN	Ounce	0.3	3.5	3.7	47	0.1
1054	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Sunday, May 27, 2018
Meal Period : LUNCH
Customer Count : 2,402

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
FRESH FRUIT SA	1/2 CUP	0.8	0.4	15.7	62	1.5
900	% of Goal :					
CONGO BARS	1 SQUARE	2.9	10.3	28	212	0.5
1000	% of Goal :					
BROWNIES	1 BROWNIE	2.7	12.1	33.1	239	1.4
1000	% of Goal :					
COFFEE	CAMBRO	40.3	156.6	146.4	2116	0
9	% of Goal :					
COFFEE DECAF	CAMBRO	38.8	150.8	141	2037	0
6	% of Goal :					
TEA	CAMBRO	37.3	11.8	186	921	11.9
2	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Sunday, May 27, 2018
Meal Period : DINNER
Customer Count : 550

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO Gram	FAT Gram	CHO Gram	KCAL KCAL	TDFB Gram
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	4.8	5	13.9	116	1.7
200	% of Goal :					
CHICKEN KORMA	4.890 oz Po	26.5	4.1	2.1	157	0.5
580	% of Goal :					
CREAMY ETHIOP	5.660 oz Po	10.9	11	31.6	254	9.1
120	% of Goal :					
WHITE RICE	1/2 CUP	2	0.2	21.2	98	0.3
750	% of Goal :					
BROCCOLI FLO	2.190 oz Po	1.9	0.1	3.3	17	1.9
700	% of Goal :					
NAAN BREAD	1/4 Piece	2.8	0.4	17.4	86	0.7
750	% of Goal :					
CARROT CAKE	1 PIECE	3.2	12.5	35.3	264	0.9
600	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All