Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Monday, April 27, 2015
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
60	% of Goal :					
FRUT/YOG BAR	6.530 oz Po	0.5	0.3	9.8	39	0.8
150	% of Goal :					
FRIED EGGS	2 EGGS	10.9	18.4	1.1	215	0
90	% of Goal :					
DEERFIELD MUFF	1 SANDWIC	9.2	9.6	0.8	128	0
80	% of Goal :					
HOME FRIES (SW	3.180 oz PC	1.5	3.5	20.2	116	2.5
60	% of Goal :					
ZZ'S GRANOLA B/	2 OZ BAR	3.5	11.3	28.1	219	2.8
100	% of Goal :					
OATMEAL	6 OZ LADLE	3.9	1.6	15.9	92	2.7
60	% of Goal :					
STICKY RICE	3.730 oz Po	2.4	0.3	26.1	121	0.4
50	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
90	% of Goal :					
BAGEL SET UP	1.600 oz Po	2	15.3	5.5	164	0.1
90	% of Goal :					
ASRTD CEREAL	4.68 oz	10.1	1.9	14.5	116	0
90	% of Goal :					
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
80	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Monday, April 27, 2015
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
30	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Monday, April 27, 2015
Meal Period : LUNCH
Customer Count : 950

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	3.8	4.6	11.1	98	0.9
600	% of Goal :					
RAVIOLI w/ PEST	7.360 oz Po	6.8	4.5	18.1	136	0
1200	% of Goal :					
NORTHWEST FAF	4.020 OZ	2.5	2.2	14.8	85	2
100	% of Goal :					
GRN BNS WHOL	2.030 oz Po	0.9	0.1	3.7	16	1.7
400	% of Goal :					
HERB DNR RLS	1 ROLL	2.4	0.5	14.4	73	0.5
900	% of Goal :					
WHIPPED BUTT	1/2 OUNCE	0.1	11.5	0	102	0
300	% of Goal :					
COC MACROONS	2 COOKIES	1.3	8.9	19	152	0
630	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Monday, April 27, 2015
Meal Period : DINNER
Customer Count : 550

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	3.8	4.6	11.1	98	0.9
200	% of Goal :					
PASTA BAR	8.981 oz Po	8.5	6.5	29.6	205	3.4
250	% of Goal :					
POTSTICKER POI	1 POTSTIC	2.2	4.7	15.4	159	0.6
800	% of Goal :					
POTSTICKER VEC	1 POTSTIC	0	0	7.7	76	0
200	% of Goal :					
CHICKEN FRIED F	6 oz	24.6	7.3	26.1	272	3
500	% of Goal :					
TOFU FRIED RICE	6 oz	17	11.2	29.1	273	4.7
150	% of Goal :					
EDAMAME	2 OZ					
400	% of Goal :					
WHOOPIE PIES	1 PC	7.4	25.2	100.2	635	2.7
300	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Tuesday, April 28, 2015
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
60	% of Goal :					
FRUT/YOG BAR	6.530 oz Po	0.5	0.3	9.8	39	0.8
150	% of Goal :					
PLN PANCAKES	2 PANCAKE	5.1	1.6	51.6	231	1.8
100	% of Goal :					
SCRMBLD EGGS	3.260 oz Po	11	12.6	1.1	164	0
200	% of Goal :					
DEERFIELD MUFF	1 SANDWIC	9.2	9.6	0.8	128	0
100	% of Goal :					
OATMEAL	6 OZ LADLE	3.9	1.6	15.9	92	2.7
60	% of Goal :					
STICKY RICE	3.730 oz Po	2.4	0.3	26.1	121	0.4
50	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
90	% of Goal :					
BAGEL SET UP	1.600 oz Po	2	15.3	5.5	164	0.1
90	% of Goal :					
ASRTD CEREAL	4.68 oz	10.1	1.9	14.5	116	0
90	% of Goal :					
QUICK BREAD OF	1/15 LOAF	2.7	7.3	22.1	165	0.2
200	% of Goal :					
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
80	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Tuesday, April 28, 2015
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
30	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Tuesday, April 28, 2015
Meal Period : LUNCH
Customer Count : 950

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	3.8	4.6	11.1	98	0.9
600	% of Goal :					
TURKEY TET	1/10 CASSI	16	21.3	41.5	432	2
900	% of Goal :					
TOASTED QUINO	4 oz	2.9	1	16.1	86	1.8
120	% of Goal :					
PEAS	2 oz Portion	2.9	0.2	8.1	44	3.1
400	% of Goal :					
JLD CRBRRY S	1/4 CUP	0.1	0.1	26.9	104	0.7
150	% of Goal :					
CHOCOLATE KRI	2 COOKIES	3	1.7	32.7	150	1.5
630	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Tuesday, April 28, 2015
Meal Period : DINNER
Customer Count : 750

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	3.8	4.6	11.1	98	0.9
200	% of Goal :					
ARUGULA SALAD	1 SALAD	3.1	17.9	13.6	221	1.4
480	% of Goal :					
TOP RND RSBF	4.040 oz Po	38.4	14.7	0.1	298	0
635	% of Goal :					
CHICK PEA MILLE	Patty	3	0.7	15.5	78	1.5
150	% of Goal :					
PPRCORNSAUCE	2 OZ LADLE	0.7	2.7	3.1	39	0.3
500	% of Goal :					
SMASHED POTAT	PORTION	2.7	5.3	27.1	163	2.4
680	% of Goal :					
BROCCOLI FLO	2.190 oz Po	1.9	0.1	3.3	17	1.9
800	% of Goal :					
DNR RL WHEAT	1 ROLL	3	0.5	17.3	84	1.7
800	% of Goal :					
WHIPPED BUTT	1/2 OUNCE	0.1	11.5	0	102	0
200	% of Goal :					
ANGEL CAKE	1.830 oz Po	2.9	0.1	27.6	121	0.1
800	% of Goal :					
STRAWBERRIES	1/2 CUP	2.9	0.9	118.6	443	10.5
550	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Tuesday, April 28, 2015
Meal Period : DINNER
Customer Count : 750

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Wednesday, April 29, 2015
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
60	% of Goal :					
FRUT/YOG BAR	6.530 oz Po	0.5	0.3	9.8	39	0.8
150	% of Goal :					
WAFFLES	1/2 WAFFLI	2.1	8.5	38.8	231	0
200	% of Goal :					
SCRMBLD EGGS	3.260 oz Po	11	12.6	1.1	164	0
150	% of Goal :					
DEERFIELD MUFF	1 SANDWIC	9.2	9.6	0.8	128	0
100	% of Goal :					
PASTRY OF THE I	1 MUFFIN	2.6	6	18.5	138	0.3
200	% of Goal :					
OATMEAL	6 OZ LADLE	3.9	1.6	15.9	92	2.7
60	% of Goal :					
STICKY RICE	3.730 oz Po	2.4	0.3	26.1	121	0.4
50	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
90	% of Goal :					
BAGEL SET UP	1.600 oz Po	2	15.3	5.5	164	0.1
90	% of Goal :					
ASRTD CEREAL	4.68 oz	10.1	1.9	14.5	116	0
90	% of Goal :					
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
80	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Wednesday, April 29, 2015
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
30	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Wednesday, April 29, 2015
Meal Period : LUNCH
Customer Count : 700

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	3.8	4.6	11.1	98	0.9
300	% of Goal :					
FRUIT CUTS	2.820 oz Po	0.5	0.2	6.4	27	0.7
200	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
120	% of Goal :					
BAGEL SET UP	1.600 oz Po	2	15.3	5.5	164	0.1
120	% of Goal :					
TOMATO SAUCE	6 OZ LADLE	2.5	1.2	13.9	68	3
110	% of Goal :					
PENNE (WHOLE W	7.940 oz					
100	% of Goal :					
SOUP DU JOUR	1	0	0	0	0	0
100	% of Goal :					
CRM/BROC SP	6 OZ LADLE	7.2	8.9	10.6	153	1.1
250	% of Goal :					
SALTINES	1/PK	0.8	1	6	36	0.3
100	% of Goal :					
LEMON PEPPER (	1 BREAST	24.7	8.9	0.4	186	0
480	% of Goal :					
LEMON SESAME	5.33 OZ	17	36.7	12.2	427	2.5
120	% of Goal :					
BROWN RICE	1/2 CUP	2.2	0.8	19.6	95	1.5
300	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Wednesday, April 29, 2015
Meal Period : LUNCH
Customer Count : 700

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
CARROTS RECIPI	EACH	0.8	0.1	7.8	34	2.5
150	% of Goal :					
RST BF GRNDR	1 GRINDEF	29.7	22.9	0.4	333	0
200	% of Goal :					
HONEY HAM	2 OUNCES	237.4	96	0	1877	0
300	% of Goal :					
PROVOLONE	Ounce	7.2	7.5	0.6	99	0
350	% of Goal :					
L/TOM/ON W/T	2 TOM/LET/	0.5	0.2	2.6	12	0.7
200	% of Goal :					
MAYO/MUSTARD	.760 oz Por	0.6	2.6	2.3	34	0
200	% of Goal :					
CORN CHIPS	1 OUNCE	1.9	9.5	16.1	153	1.4
200	% of Goal :					
WHEAT GRINDER	1 ROLL	6.9	1.3	40.9	199	3.6
200	% of Goal :					
BAKER'S BREAD	1	0	0	0	0	0
200	% of Goal :					
GINGER BARS	2 OZ BAR	3.2	8.1	35.5	215	2.9
300	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Wednesday, April 29, 2015
Meal Period : DINNER
Customer Count : 550

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	3.8	4.6	11.1	98	0.9
200	% of Goal :					
MACARONI AND C	7OZ	22.1	23.3	30.6	420	1.8
859	% of Goal :					
CALIFORNIA VEG	2.190 oz Po	1.7	0.1	7.8	35	2.6
300	% of Goal :					
CHICKEN TAGINE	PORTION	19.4	14.6	18.3	276	2.4
180	% of Goal :					
CHICKPEA TAGIN	8 oz	1.1	4.2	9.1	73	1.4
50	% of Goal :					
NUTTY COUSCOU	4.020 OZ	1.2	3.5	9.2	68	1.2
100	% of Goal :					
ROASTED EGGPL	3.310 oz Po	0.7	7.4	5.8	88	1.6
160	% of Goal :					
TOMATO CUCUME	2 OUNCES	0.5	2.9	2.3	35	0.6
100	% of Goal :					
VEGAN CAKE WIT	3 oz	5.8	9.1	44.6	279	1
200	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Thursday, April 30, 2015
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
60	% of Goal :					
FRUT/YOG BAR	6.530 oz Po	0.5	0.3	9.8	39	0.8
150	% of Goal :					
FRENCH TOAST (	1.5 SLICES	10.5	4.1	77.9	375	3.2
100	% of Goal :					
HRD BLD EGGS	2 EGGS	10.9	8.7	1.1	130	0
120	% of Goal :					
DEERFIELD MUFF	1 SANDWIC	9.2	9.6	0.8	128	0
100	% of Goal :					
COFFEE CAKE OF	1 SQUARE	3.5	10	37.6	253	0.5
200	% of Goal :					
OATMEAL	6 OZ LADLE	3.9	1.6	15.9	92	2.7
60	% of Goal :					
STICKY RICE	3.730 oz Po	2.4	0.3	26.1	121	0.4
50	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
90	% of Goal :					
BAGEL SET UP	1.600 oz Po	2	15.3	5.5	164	0.1
90	% of Goal :					
ASRTD CEREAL	4.68 oz	10.1	1.9	14.5	116	0
90	% of Goal :					
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
80	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Thursday, April 30, 2015
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
30	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Thursday, April 30, 2015
Meal Period : LUNCH
Customer Count : 950

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	3.8	4.6	11.1	98	0.9
600	% of Goal :					
TORTELINI SP	7.970 oz Po	6.6	6	12	125	0.3
700	% of Goal :					
SALTINES	1/PK	0.8	1	6	36	0.3
300	% of Goal :					
TURKEY CLUB SA	8.600 oz Po	43.2	18.9	4.2	369	0.4
520	% of Goal :					
SWEET POTATO E	EACH	16.1	7.7	86.4	475	10.7
120	% of Goal :					
WHEAT BRD SA	1 SLICE	3.2	0.4	17.3	84	1.7
1000	% of Goal :					
POTATO CHIPS	1 OUNCE	2	9.8	15	152	1.3
500	% of Goal :					
RED, WHITE AND	2 COOKIES	2	8.3	27.5	189	0.2
630	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Thursday, April 30, 2015
Meal Period : DINNER
Customer Count : 750

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	3.8	4.6	11.1	98	0.9
100	% of Goal :					
CHIX PARMESN	1 CUTLET	21.9	21.8	21.7	369	1.4
920	% of Goal :					
EGGPLNT PARM	1/24 CUT	8.6	4.6	28.3	180	4.9
75	% of Goal :					
PENNE (WHOLE V	7.940 oz					
350	% of Goal :					
TOMATO SAUCE	6 OZ LADLE	2.5	1.2	13.9	68	3
300	% of Goal :					
PARMESAN CHZ	.500 oz Port	5.9	4.3	0.5	65	0
200	% of Goal :					
BUTTRNUT SQ	3 oz Portion	1	0.1	8.1	32	0
1100	% of Goal :					
DNR RLS HARD	1 ROLL	2.8	0.4	17	85	0.6
800	% of Goal :					
CHOC CRM PIE	1/10th PIE	6.7	27.7	42	436	1.3
800	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Friday, May 01, 2015
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
60	% of Goal :					
FRUT/YOG BAR	6.530 oz Po	0.5	0.3	9.8	39	0.8
150	% of Goal :					
MUFFIN OF THE D	1 MUFFIN	2.6	6	18.5	138	0.3
300	% of Goal :					
SWEET SAUSAGE	1 OMELET	21.6	22.8	1.7	303	0
150	% of Goal :					
CHEESE OMLET	1 OMELET	18	18.2	1.4	245	0
100	% of Goal :					
DEERFIELD MUFF	1 SANDWIC	9.2	9.6	0.8	128	0
80	% of Goal :					
HOME FRIES	3.180 oz Po	1.6	5.2	16.5	116	1.6
250	% of Goal :					
OATMEAL	6 OZ LADLE	3.9	1.6	15.9	92	2.7
60	% of Goal :					
STICKY RICE	3.730 oz Po	2.4	0.3	26.1	121	0.4
50	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
90	% of Goal :					
BAGEL SET UP	1.600 oz Po	2	15.3	5.5	164	0.1
90	% of Goal :					
ASRTD CEREAL	4.68 oz	10.1	1.9	14.5	116	0
90	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Friday, May 01, 2015
Meal Period : BREAKFAST
Customer Count : 225

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
80	% of Goal :					
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
30	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Friday, May 01, 2015
Meal Period : LUNCH
Customer Count : 950

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	3.8	4.6	11.1	98	0.9
600	% of Goal :					
BBQ PULLED CHI	6.040 oz Po	23.9	15.6	9.4	280	0.9
650	% of Goal :					
BBQ TEMPEH	5.250 oz Po	22.1	9.3	23.8	252	0.4
80	% of Goal :					
WEDGE FRIES	3.740 oz Po	3.9	16.2	38.8	309	98
700	% of Goal :					
COLE SLAW	3 oz Portion	0.9	5.8	8.3	84	1.3
200	% of Goal :					
RUSTIC ROLL (SA	1 ROLL	6	1.1	34.9	169	3.4
950	% of Goal :					
BROWNIES (VEG	EACH	2.8	15.1	39.3	292	1.8
850	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Friday, May 01, 2015
Meal Period : DINNER
Customer Count : 450

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	3.8	4.6	11.1	98	0.9
200	% of Goal :					
PASTA BAR	8.981 oz Po	8.5	6.5	29.6	205	3.4
200	% of Goal :					
PORK LOIN WITH	4.070 oz Po	24.7	11.8	0.1	212	0
350	% of Goal :					
BEER BATTER FR	EACH	24.3	1.5	31.1	255	1.3
120	% of Goal :					
TANGY TEMPEH M	5.430 oz Po	8.5	4.2	10.4	106	0.6
100	% of Goal :					
BAKED SWEET P	PORTION	2.5	0.2	35.2	150	4.4
250	% of Goal :					
FRSH ASPRGAS	2.080 oz Po	1.5	0.2	2.5	14	0.9
300	% of Goal :					
SOURDOUGH BRI	1/10 OF LO	3.3	0.4	18.3	92	0.8
250	% of Goal :					
WHIPPED BUTT	1/2 OUNCE	0.1	11.5	0	102	0
75	% of Goal :					
ASSORTED CHEE	1 SLICE	6.1	24.7	43.7	409	1.3
250	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Saturday, May 02, 2015
Meal Period : BREAKFAST
Customer Count : 100

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
40	% of Goal :					
FRUT/YOG BAR	6.530 oz Po	0.5	0.3	9.8	39	0.8
75	% of Goal :					
SCRMBLD EGGS	3.260 oz Po	11	12.6	1.1	164	0
100	% of Goal :					
WAFFLES	1/2 WAFFLI	2.1	8.5	38.8	231	0
150	% of Goal :					
OATMEAL	6 OZ LADLE	3.9	1.6	15.9	92	2.7
60	% of Goal :					
STICKY RICE	3.730 oz Po	2.4	0.3	26.1	121	0.4
50	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
90	% of Goal :					
BAGEL SET UP	1.600 oz Po	2	15.3	5.5	164	0.1
90	% of Goal :					
ASRTD CEREAL	4.68 oz	10.1	1.9	14.5	116	0
90	% of Goal :					
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
80	% of Goal :					
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
30	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Saturday, May 02, 2015
Meal Period : LUNCH
Customer Count : 450

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	3.8	4.6	11.1	98	0.9
200	% of Goal :					
FRUIT CUTS	2.820 oz Po	0.5	0.2	6.4	27	0.7
150	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
70	% of Goal :					
BAGEL SET UP	1.600 oz Po	2	15.3	5.5	164	0.1
70	% of Goal :					
TOMATO SAUCE	6 OZ LADLE	2.5	1.2	13.9	68	3
100	% of Goal :					
SPAGHETTI	5.430 oz Po	7.3	2.4	43.2	227	2
100	% of Goal :					
WAFFLES	1/2 WAFFLE	2.1	8.5	38.8	231	0
100	% of Goal :					
ROASTED TOMAT	6oz	6.1	2.7	18.2	116	5.8
100	% of Goal :					
SOUP DU JOUR	1	0	0	0	0	0
100	% of Goal :					
SALTINES	1/PK	0.8	1	6	36	0.3
100	% of Goal :					
CHICKEN BOWL	CHICKEN E	4.9	10.8	42.2	276	3.9
300	% of Goal :					
VEGGIE NUGGET	4.25 OZ					
80	% of Goal :					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Saturday, May 02, 2015
Meal Period : LUNCH
Customer Count : 450

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
RANGER COOKIE	2 COOKIES	2.2	7.7	30.8	198	0.5
300	% of Goal :					

Meal Total: Amount:
% of Goal:

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Saturday, May 02, 2015
Meal Period : DINNER
Customer Count : 300

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM 0.0	FAT GM 0.0	CHO GM 0.0	KCAL KCAL 0	TDFB GM
SALAD BAR 120	3.510 oz Po % of Goal :	3.8	4.6	11.1	98	0.9
TOMATO SAUCE 100	6 OZ LADLE % of Goal :	2.5	1.2	13.9	68	3
LINGUINE 100	7.940 oz Po % of Goal :	10.7	1.5	63.8	317	2.9
CHICKEN KEBABS 250	7.390 oz Po % of Goal :	31	13.1	7.7	273	1.6
BEEF KEBABS (SI 250	7.390 oz Po % of Goal :	26.6	24.5	7.3	356	1.6
TOFU KEBABS (SI 75	2 KABOBS % of Goal :	13.2	13	12.3	202	3.6
ORG WILD RICE 250	PORTION % of Goal :	2.5	1.2	21.7	107	1.7
ROASTED ZUCCH 250	3.190 oz Po % of Goal :	0.7	4.7	3.8	57	1.3
MULTI GRAIN BRE 200	1/10 LOAF % of Goal :	5.5	2.5	30.3	161	3.1
WHIPPED BUTT 75	1/2 OUNCE % of Goal :	0.1	11.5	0	102	0
SHOO FLY PIE 200	1/10th PIE % of Goal :	2.3	7.7	64	328	0.5
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Sunday, May 03, 2015
Meal Period : BRUNCH
Customer Count : 550

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
FRESH FRUIT SAI 400	1/2 CUP % of Goal :	0.7	0.5	12.5	51	1.4
SCRMBLD EGGS 400	3.260 oz Po % of Goal :	11	12.6	1.1	164	0
baby cakes 450	3.410 oz po % of Goal :	3.1	11.1	27.2	211	1.9
BACON 400	3 SLICES % of Goal :	7	11.4	0.1	133	0
FRENCH WAFFLE 150	1.5 SLICES % of Goal :	4.5	3.4	45.4	218	0
BAKED EGGS WI 150	2 EGGS % of Goal :	15.6	11.3	3.5	180	1.3
MANGO-BANANA 300	7 oz glass % of Goal :	0.5	0.2	5.7	25	0.1
BULGUR KALE SA 100	3 oz % of Goal :	2	15.1	12.5	186	2.4
OSSO BUCO 100	13.040 oz P % of Goal :	68.6	55.3	21.2	881	2.1
VEGAN PAD THAI 100	4 OZ % of Goal :	11.5	5.9	23.7	182	2.7
HOT CRS BUNS 300	1 BUN % of Goal :	3	2.4	24.3	129	0.8
DONUTS 300	1 DONUT % of Goal :	2	8.6	19.2	161	0.6

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Sunday, May 03, 2015
Meal Period : BRUNCH
Customer Count : 550

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
STICKY RICE	3.730 oz Po	2.4	0.3	26.1	121	0.4
100	% of Goal :					
BAGELS	1 BAGEL	4.8	0.7	24.5	125	1.1
130	% of Goal :					
BAGEL SET UP	1.600 oz Po	2	15.3	5.5	164	0.1
130	% of Goal :					
ASRTD CEREAL	4.68 oz	10.1	1.9	14.5	116	0
130	% of Goal :					
COFFEE	6 0UNCE C	0.6	2.5	2.3	34	0
150	% of Goal :					
COFFEE DECAF	6 0UNCE C	0.6	2.5	2.3	34	0
40	% of Goal :					
COFFEE FLVRD	6 0UNCE C	1.6	0.3	5.6	33	0
90	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All

Detail Simple List Menu Analysis

Unit : DINING HALL-S
Service Date : Sunday, May 03, 2015
Meal Period : DINNER
Customer Count : 750

Total Calories
% Calories from Protein
% Calories from Carbohydrates
% Calories from Fat
(%Saturated Fat)

Report for Nutritional Goal: **MENU BOARD**

Service Item / Portion Count	Serving Size	PRO GM	FAT GM	CHO GM	KCAL KCAL	TDFB GM
		0.0	0.0	0.0	0	
SALAD BAR	3.510 oz Po	3.8	4.6	11.1	98	0.9
200	% of Goal :					
LAMB TIKKA MAS	7.870 oz Po	31.9	37.1	6.4	491	0.5
500	% of Goal :					
SQUASH AND LEN	5.660 oz Po	5.6	5.2	17.2	133	4.3
400	% of Goal :					
BASMATI RICE	PORTION	1.7	0.2	18.4	85	0.3
850	% of Goal :					
PEAS	2 oz Portion	2.9	0.2	8.1	44	3.1
400	% of Goal :					
NAAN BREAD	CS/18/8oz					
6	% of Goal :					
CHOC CK STEV	1 PIECE	2.4	5.2	25.4	153	1.1
800	% of Goal :					
GANACHE	1 OZ	0.9	9.4	10.3	119	0.9
800	% of Goal :					
FRSH FRT BOL	1 PIECE	0.7	0.4	22	86	3.7
200	% of Goal :					
Meal Total:	Amount:					
	% of Goal:					

'*' Indicates that less than 2% of the goal requirements for this nutrient are provided.
'**' Indicates the selected items used in nutritional totals.

Courses selected:Selected All